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Nevada Air National Guard

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1864 TAVERN

*By Senior Airman Ashif Halim
152nd Airlift Wing Public Affairs*

Master Sgt. Shawn Plunket and Master Sgt. Kevin Walen have served our country and our state in both Iraq and Afghanistan as Nevada Air National Guard C-130 Flight Engineers. These traditional guardsmen were previously full-time Air National Guardsmen and now have a new goal of serving the community by opening a local business. Their current mission: Help assist in building a much needed playground for the kids at the Marvin Picollo School. This exemplary public school within the Washoe County School District addresses cognitive development for special needs youth.



Master Sgt Kevin Walen (left) and Master Sgt. Shawn Plunket, owners of the 1864 Tavern located at 290 California Ave. Reno Nev. Photo by Senior Airman Ashif Halim, 152nd Airlift Wing Public Affairs. (Released)

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Marvin Picollo School was established in 1974 to serve students with moderate to severe mental and physical challenges. As it approaches its 40th year in service, the school is in dire need of modification and improvements of its playground to serve its current and future pre-school students enrolled in this unique school. Many of the students require wheelchairs and other special equipment to assist in mobility. To renovate the playground with the special equipment it will cost the school \$75,000. The guardsmen will help by donating a portion of their revenues from 1864 Tavern.

A ribbon cutting ceremony for the tavern was held on May 24th marking the grand opening with Reno Mayor Bob Cashell cutting the ribbon. Located at 290 California Avenue in Reno, Nevada. The 1864 Tavern is a good marriage between service and community goodwill.

The 1864 Tavern is a home grown establishment with Victorian decor and is Nevada themed throughout. The decor reinforces the pride you feel to live in Nevada. According to one patron, Katherine B., "You don't even need to step off California Avenue to be transported back in
Tavern, cont. Page 11

Commander's Corner

"On Winning"



*By Col. Jeffrey Burkett
152nd Airlift Wing Commander*

A few months ago, a wise Chief told me in SANGA that we are "paid to win." You know what? He is absolutely right, WE are paid to win, but what does winning really mean? More importantly, how can you help your flight, squadron, or group to win?

From an operational perspective, we are winning when we safely mobilize and deploy airmen, airdrop pallets onto a drop zone, and can survive and operate in combat conditions. Of course, this is a simplistic view, but it highlights the essence of what we do. Winning however is not just about generating and flying C-130's to meet our war tasking, it is about responding quickly to a terrorist attack, wildland fires, or an earthquake if called up by the Governor. It is about being prepared to respond to

whatever comes our way and having the personal and professional excellence to outperform every other unit in the Air Force.

Every month we report personnel strength, AFSC skill levels, equipment, training currency, individual medical readiness, fitness, recruiting, retention, energy consumption, and practically everything else that you can imagine to NGB and the Air Force. Our MICT checklists are even probed by NGB and AMC. All of this information paints a picture of our readiness (i.e. ability to win) and we are benchmarked and compared to everyone else. I would like to report that we are #1 or in the top 20% in most categories, but we have more work to do.

In the book, Good to Great: Why Some Companies Make the Leap...And Others Don't, Jim Collins writes, "greatness, it turns out, is largely a matter of conscious choice, and discipline." This weekend I need you to make a conscious choice and help take our Wing to the next level. An easy way to make a significant difference immediately is to take charge of your own training and never go overdue for anything ever again. Waiting for your training manager or shop chief to tell you to get something done is not helping our team win. If you're neglecting 5 or 7 level AFSC training, overdue a fitness assessment or missing a dental exam, it has an impact.

As you begin your work this weekend pause for a moment and consider your own personal and professional readiness and ask yourself if you are doing everything you can to help our team Win. In the words of a great Chief, "we are paid to win" and with your help we will be #1. Battle Born!



DID YOU KNOW?

Anyone can submit an article for publication in the High Roller News. All we ask is that you give us editorial rights and get it to us before the deadline. Yes, everyone wants to know what is going on in your unit! If you, or someone you know, is involved in the community, or you know of interesting "happenings" involving a fellow guard member, please send them to: 152aw.highroller@ang.af.mil. Please include photos. Depending on the space we have, we will include the article and photos. If we don't receive the article by the deadline, we will try to include it in the next issue.

In the near future, we will implement a Unit Public Affairs Representative (UPAR) Program. Each UPAR will be the "Public Affairs" representative of their unit. If you have questions or would like more information on this program, please email: paula.macomber@ang.af.mil.

HIGH ROLLER NEWS DEADLINES

Remaining 2013 DEADLINES

Please submit your items NLT...

this date for the next issue:	2013 ISSUES:
By July 26	August 3-4
By August 29	September 7-8
By September 27	October 5-6
By October 25	November 2-3
By November 27	December 7-8

High Roller News

In accordance with Department of Defense Instruction 5120.4, the High Roller News is an authorized, unofficial publication of the Nevada National Guard. Content is not necessarily the official view of, nor is it endorsed by, the U.S. government, the Department of Defense, the Nevada National Guard or the state of Nevada.

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ments, contributions and letters to the editor must be signed and include the writer's full name and mailing or email address. Letters should be brief and are subject to editing. Other print and visual submissions of general interest to our diverse civilian employees, Nevada National Guard military members, retirees and families are invited and encouraged. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense or the U.S. Air Force or the Nevada Air National Guard of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap,

political affiliation, or any other nonmerit factor of the purchaser, user, or patron.

Please send articles and photos with name, phone number, e-mail and complete mailing address and comments to:

High Roller News

152nd Airlift Wing Public Affairs Office

1776 National Guard Way

Reno, NV 89502

Or email: 152aw.highroller@ang.af.mil

Publication of material is determined by available space and reader interest. The staff reserves the right to edit all material.

National Security Forum

*By Master Sgt. Paula Macomber
152nd Airlift Wing Public Affairs*

Thursday, May 30th the Reno Air National Guard base was the location of a “special session” meeting of the National Security Forum (NSF). The NSF is an informal group of individuals who have a deep interest in topics relating to international and national security issues. It started as a small handful of colleagues meeting occasionally and exchanging viewpoints but has grown into the 600 member association of today. It is comprised of people of varied backgrounds and many military retirees to include veterans from Vietnam, World War II and other more recent conflicts and wars. Former Special Assistant to President Reagan, Mr. Tyrus W. Cobb, oversees the forum and many talented volunteers support it. The meeting was attended by more than 75 members along with

the Adjutant General, Brig. Gen. Bill Burks.

Wing Commander, Colonel Jeff Burkett, opened the meeting with a 30 minute brief on the history and capabilities of the 152nd Airlift Wing and both the National and Air National Guard. After their meeting, the members were treated to a proper High Roller welcome with a ‘mini’ base tour. The 152nd Airlift Wing Firefighters showed off their brand new building and their fire trucks. The Security Forces section displayed some of their weapons and gear and answered questions. The Operations and Maintenance Groups showcased the varied capabilities of two C-130s that were put on display for the tour.

After the tour, Col. Burkett said, “This was a great event and even though most of the audience was former military, I heard many comments afterward like, ‘I didn’t realize that the National Guard provided such a great investment for the American taxpayer and it’s great to know that we have the National Guard right here in our own community.’”

The base received a touching letter of thanks from retired Master Sgt. Gary Schenauer who attended the meeting. He said this of the guardsmen and the base,



152nd Airlift Wing Commander, Col. Jeff Burkett, briefs the National Security Forum on the capabilities and effectiveness of the 152nd Airlift Wing and the Air National Guard.



152nd Airlift Wing Security Forces member, Staff Sgt. Anthony Haley, explains the fine points of some of the Security Forces’ weapons to a member of the National Security Forum.



The Adjutant General, Brig. Gen. Bill Burks, talks with a member of the National Security Forum before the Forum’s meeting held on Thursday, May 30th at the Reno Air National Guard Base.

“What impressed me, no, the word ‘impressed’ is not strong enough; what dazzled me more than any other thing I saw that morning was the unquestionable pride I saw reflected in the eyes, the attitudes, the appearances, and the knowledge of every single member of your unit I encountered. Folks, I spent twenty years on active duty in the USAF in the 70’s and 80s, and nine of those years were

Forum, cont. Page 11

In the Spotlight

Operation Wolfhound

Information Submitted

By Chief Master Sgt. Bob Benton

152nd Maintenance Squadron EMF Chief

The program is Operation Wolfhound which is based out of Arizona and run by Alicia Miller. She runs the training and the placement while Operation Borzoi (see attached inserts) is a partner that donates dogs to Alicia's program. Ultimately they are connected but Operation Wolfhound is the parent organization. In order to apply, you must contact Alicia, either by phone or email, and she will walk the individual through the steps. It requires the member to be in some sort of therapy and to obtain a written prescription from a psychiatrist. Once that paperwork is submitted, Alicia will have either a phone or in-person interview with the member and Alicia's husband. They will discuss and evaluate the needs of the member and go over realistic goals and expectations. Once they have decided to move forward with the member, Alicia will work with Garnett, founder of Operation Borzoi, to match the appropriate dog.

My understanding is that I was expedited through the process because I'm so close to Garnett's location. There is a waiting list and some veterans have had to wait several months. I am also to understand that the members do not normally meet the puppies until they arrive in Arizona for training. Garnett allowed me to meet the puppies and have my puppy pick me, but I'm under the impression that that does not usually happen. Typically, Alicia and Garnett will match the member and dog and hope for the best. I would like to think that if more people came out of Reno, they would also get the same experience of early bonding that I did.

As far as how costs go, the dog and the training are free to veterans but the member is required to pay their expenses getting to Arizona. Hotel and lodging fees are not set in stone. Also, anything and everything related to the dog is tax exempt and comes discounted once he/she is registered. Alicia told me that some veterans have had their travel expenses covered by different veteran groups but I didn't find anything when I looked in to it. I contacted several groups

including Wounded Warrior Project and the Red Cross. Maybe other entities know more.

Training requirements included either 6 months of weekly checkups in Arizona or a condensed version that lasts for 10 days in Arizona. Almost everyone that isn't local has done the condensed version. After that, the veteran goes home with the dog and has 6 months at home of training to complete. All the while, the dog is registered as a "IN TRAINING SERVICE DOG" and is legally protected by the ADA.

This is just meant to be a brief summary of how I understand the system to work but Alicia and Garnett would be thrilled to answer any other questions. Also, as a side note, this is not something that a veteran has to inform the VA of. They can do this, as I have, completely outside of the VA. I don't know if that's something people would want to know but I asked.

Alicia Miller/Operation Wolfhound
<http://lundr.com>

She also has a Facebook and that can provide some good info. She constantly posts info on that.

Nevada Air National Guard Takes Home First Place

By Master Sgt. Sean OBrien
152nd Civil Engineer Squadron
Prime Beef Manager

Despite grueling hill climbs and temperatures in the 90s, the Nevada Air National Guard team of runners overcame everything Mother Nature threw at them, and finished first place in the Corporate Division of the 49th Annual DeCelle Memorial Lake Tahoe Relay. The relay consists of teams of seven runners that race 72 miles around Lake Tahoe, and is currently named for Capt. Robert E. DeCelle Jr. who was killed in Vietnam in 1971.

Overall, the Nevada Air Guard's time of 9 hours and 40 minutes was good enough for 26th out of 120 teams that were able to cross the finish line before the sunset cutoff. The team of runners consisted of Maj. Jared Brandt from 152 MDG, 1st Lt. Masten Bethel from 152 SFS, Staff Sgt. Katie Cro-

meenes from 152 IS, and four runners from 152 CES, Senior Master Sgt. James Lindsay, Master Sgt. Chris Barber, Master Sgt. Sean OBrien, and Staff Sgt. Joey Hodges.

Temperatures were unseasonably high for early June in the Tahoe area, and a handful of runners from other teams were sent to the emergency room for heat related injuries. Through teamwork and strong support of each other, the Nevada Air National Guard team was able to persevere through the elements and finish 37 minutes faster than the next closest Corporate Division team.

2014 will be the 50th running of the Lake Tahoe Relay, and wouldn't it be great if every squadron, group, or company from the Air and Army Guard could field a team and create an annual friendly competition in Northern Nevada.

For more information about this great adventure: <http://laketahoerelay.com>.



This Nevada Air National Guard team took First Place in the 49th Annual DeCelle Memorial Lake Tahoe Relay, Saturday, June 8, 2013. The team consisted of: (left to right) Staff Sgt. Joey Hodges, Senior Master Sgt. James Lindsay, Master Sgt. Sean OBrien, 1st Lt. Masten Bethel, Maj. Jared Brandt, Staff Sgt. Katie Cromeenes, and Master Sgt. Chris Barber. (Released.)

Finance Forum

*By Tech. Sgt. Jeannine Rainey
152nd Airlift Wing Finance Office*

Changes within the Finance Office: NEW HOURS AND CONTACTS:

In accordance with the upcoming work schedule change beginning July 8th, Finance customer service hours will be from 0730-1600 Monday – Friday. UTA customer service hours will be from 0800-1630.

Staff Sgt. Russell Tom will now be your main DTS and travel point of contact while Tech. Sgt's Cousineau and Rainey are transitioning back into the military pay section. Please refer all military pay inquiries to these two individuals.

MyPay

MyPay is revamping their system again. For you, this will mean stronger password requirements. Once MyPay switches to the new updates, your password will expire every 60 days! You will receive an email, assuming you have a current email address within MyPay, letting you know that your password is about to expire. The schedule for the email timeframe is currently listed on MyPay and is scheduled by the last two digits of your social security number. If you login using your CAC, there are no new requirements!

Also, do not forget to set up your security questions so that you are easily able to reset your own password!

Are you an AGR? Now, you will be able to STOP insurance allotments through MyPay. Any insurance allotment will need to be started within the Finance Office; however, you now have the power to stop it on your own!

Turning Documents into Finance

Finance has a new process to help you get your pay documents to us in a quicker manner. We have created an electronic folder at Y:\Finance_DropBox. This box is only accessible to your orderly rooms due to privacy act reasons. Each squadron has their own folder within the file that is only accessible by that squadron.

Orderly rooms can scan and place all pay documents into this folder and see whether they have been processed, or returned. Want to make sure that we received the document? Just verify in the folder that it was uploaded and now resides in the 'Processed' folder.

The snail mail boxes outside of the Finance Office, as well as coming to the counter, are still both options for dropping off your pay documents, however, for tracking purposes, we would prefer that each or-

derly room handle all pay documents and utilize the electronic folder that has been provided.

As an addition ALL ROLL CALLS will be loaded onto this drive for each orderly room to access! We WILL NOT be hand delivering roll calls this drill. They will be available no later than Thursday evening prior to drill on the Y drive. This will be the main route of roll call delivery until further notice. Please also return your roll calls via the same process you received them!

DTS, DTS, DTS!!! and more DTS!

New DTS Business Rules!!

The new DTS business rules are out!! These have been forwarded to all the DTS contacts within each unit and can also be found on the Y drive and the Sharepoint. There have been some nice changes with this one, most notable, you no longer need a SIGNED pay order attached to the voucher! We are still requiring that an order be uploaded to the authorization as well as the voucher. This is due to auditing purposes. A policy letter has been sent to all DTS Approving Officials!

REMEMBER ~ YOUR TRAVEL. YOUR RESPONSIBILITY!!



Recruiting and Retention Notes

Recruiting

With the end of the school year, Recruiting would like to thank all the unit members who stepped up and assisted with various events throughout the school year. Without you, the Recruiting team's success could never happen. I would also like to thank the Nevada Army National Guard for teaming up with us in support of Spanish Springs High School, Safe and Sober graduation event. We set up the Climbing Wall for more than 400 seniors which proved to be a major hit! Summer is finally here and major community events have already started. The Carson City Airport Open house kicks off the season on June 15th. The NVANG Family day is June 22nd, followed by Star Spangled Sparks on the 4th of

July, then Dirt Live Off-Road Expo on July 10th and finally, Aces Military Appreciation Night on July 26th. These are just a few of the events that will present opportunities for you to support Recruiting and the Nevada Air Guard in "High Roller" fashion. If you have questions about any of these events, please contact any of the recruiters below. Thank you for your continued support. Tech. Sgt. Muniz (775) 788-4544, Tech. Sgt. Glynn (775) 788-4546

Retention

Hello High Rollers!

For all of those who have currently re-enlisted, we wanted to thank each and every one of you! All of you are rock stars and this mission cannot function without you. A ***reminder*** if you have not received your post-card for a back-pack or duffel bag, please stop by the Retention Office to pick yours up today! It is the least we can do to thank you for your re-enlistment!

Did you know the Retention Office has a Facebook page? No you say? Well go out and like us! We update this page as we receive information from the Veterans Administration (VA for those in the know), and also pass on information concerning education and military benefits for Vet's like yourself. So come on over and visit us on Facebook, you know you want to!

Textbook Reimbursements for Spring Semester are DUE to my office no later than June 15, 2015, which is Saturday of the first June UTA. Please do your best to get them in by then. No Exceptions. Don't forget that pesky voided check and the Vendor Registration form, these are mandatory.

Tuition Waiver control numbers are available for the Fall Semester, so get registered and stop by. Please ensure your paperwork is complete for processing. A Commander or designated representative's

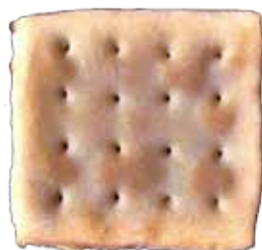
Retention, cont. Page 10

A FEW CHOICE WORDS ABOUT HARDTACK

*By Master Sgt. (ret) Sam D. Macaluso
the Ghost Writer in the Sky*

Hardtack is thick cracker made of flour water and sometimes salt. When properly stored it will last for years. Before the American Civil War, soldiers called it biscuit or hard bread, sailors referred to it as sea biscuit or pilot's bread, but to the Union Army of the Potomac during the American Civil War, it was known as hardtack, a name that stuck and spread to other units, including the Confederacy, but the name hardtack seems to have not been in general use among the armies of the West.

Because it could be prepared cheaply and would last so long, hardtack was the most convenient food for soldiers, explorers, pioneers, or anyone else who needed to be able to pack light and move fast. While hardtack was furnished to the army by



weight, the biscuits were doled out to soldiers by number. In some units, a ration of hardtack was nine, while it was ten in others, but

there was usually enough to go around because some soldiers would refuse to eat it.

Although it was nutritious, soldiers complained that they could eat ten of them in a short time and still be hungry. But the most common complaint was that they were often so hard that they couldn't be bitten into, that it took a very strong blow even to break them.

Another common problem with hardtack was when they were moldy or wet, as sometimes happened. It has been suggested that this occurred when they were boxed too soon after baking, or due to exposure to the weather. Sometimes they became infested with maggots or weevils during storage, conditions that seldom afflicted the harder variety.

When the hardtack was moldy or moist, it was thrown away and made good the next time that rations were issued, but soldiers usually had to put up with insect infestations. According to accounts, it was not uncommon for a soldier to find his coffee swimming with weevils after the hard bread was broken up in it; but they were easily skimmed off.

Hardtack was eaten by itself, or crumbled into coffee. Probably more were

eaten that way than in any other, as they were usually eaten as breakfast and supper, but there were other ways to prepare them. Sometimes they were crumbled into soups, which they served to thicken. Some soldiers crumbed them into cold water, then fried the crumbs in the juice and fat of meat, creating a dish that was known as skillygalee or cush. Some preferred to eat them toasted, either to more easily crumb them into coffee; or in the rare case when it was available, with butter. A few who managed to save a portion of their sugar ration spread it upon the hardtack.

The Assistant Commissary General of Subsistence, Lt. Col. C.L. Kilburn, noted on the preparation of hardtack for the United States Army and on the care of the same which he printed in 1863. It reads as follows:

"Hard Bread (hardtack) should be made of best quality of superfine, or what is usually known as extra superfine flour; or better, of extra and extra superfine, (half and half). Hard bread should be white, crisp, light and exhibit a flaky appearance when broken. If tough, solid and compact, is evident the

Hardtack, cont. Page 10

JUNE LODGING

Lodging for the BOTH June UTAs will be provided at the Best Western from Friday to Sunday for UTA status only. If you are on orders starting Monday, you are authorized Sunday night prior on your Govt. Travel Card limited to \$94 per night. All RUTAs will be provided at Stead Billeting Center based on availability. For questions please contact the billeting office at: 152aw.lodging@ang.af.mil. Members must sign-in with the hotel representatives to ensure they are accounted for in the rooms. Failure to sign-in or having 2 no-shows in a 12 month period will result in member's lodging privileges being suspended for 6 months. If a member is on any type of orders, the member will make their own reservations and pay for it on their GTC. Services will provide at least two base billeting list updates during the month to provide a list of members who are currently signed up for lodging.

Members are authorized Friday nights, if they are outside the commuting distances. Please see map on SharePoint. Members must sign-in with the hotel representatives to ensure they are accounted for in the rooms. Failure to sign-in or having 2 no-shows in a 12 month period will result in member's lodging privileges being suspended for 6 months.

All RUTA lodging requests must be submitted NLT 72 hours before needed, all RUTA lodging will be provided at Stead. If member goes elsewhere or does not notify services in advance, the charges will not be reimbursed. If there is not availability at Stead, the member will not be reimbursed for any charges incurred.

If a member is on any type of orders, the member will make their own reservations and pay for it on their GTC. The member then will be reimbursed on their travel voucher with the receipt. The per diem rate for Reno for FY12 is \$121.00 from July to August and \$94.00 from September to June.

Members can contact Services' billeting office at 775-788-9320, for any additional questions. Thank you for your time.

Airman and Family Readiness

*By Fred Barton, Jr., 152nd Airlift Wing
Airman and Family Readiness*

BE PREPARED!

These two words are the whole premise behind today's Family Readiness Program.

Sir Robert Baden-Powell coined this motto for the Boy Scouts more than 100 years ago, but what did he mean by it?

According to Sir Baden-Powell in Scouting for Boys you are always in a state of readiness in mind and body...having thought out beforehand any accident or situation that might occur, so that you know the right thing to do at the right moment...I, Similarly in the first hand-book for Girl Guides, he explains. You have to be prepared at any moment to face difficulties...by knowing what to do and how to do it.

The Nevada Air National Guard does not send its service members into any situation without first training and preparing them to do their duty. But it is not just the service member who serves. It is the whole family and we need to train and prepare our families in the same way the Nevada Air National Guard prepares and trains its Airmen.

If you are not ready today, you will be even less so tomorrow. –Ovid

10 Things to Know about Flood Safety

Flooding can occur as streams and rivers over flow their banks, when dams or levees break, with run-off from deep snow cover, or anytime there is rainfall with significant duration and intensity. Keep these facts in mind to stay alive and dry.

1. Flash floods can come rapidly and unexpectedly. They can occur within a few minutes or hours of excessive rainfall, or when a dam or levee fails and even a sudden release of water held by an ice or debris jam. Be cautious during storm seasons, or any time that flooding is common in your area.

2. You may not have warning that a flash flood is approaching.

3. Do not drive unless absolutely necessary.

4. Do not drive through flooded areas. If you see a flooded-out road ahead, turn around. Find another route to your destination.

5. If there is no other route, get to higher ground and wait for the waters to subside.

6. Even if the water appears shallow enough to cross, don't try it. Water hides dips in the road. Worse yet, there may be no road at all under the water. Flooding can scour away the entire road surface and a significant amount of ground beneath.

7. If your car stalls, abandon it immediately and climb to higher ground.

8. Six inches of water will reach the bottom of most passenger cars, causing loss of control or possible stalling.

9. One foot of water will float almost any vehicles.

10. Two feet of rushing water can sweep away most vehicles — including SUVs and pick-ups

Personal Financial Counselor (PFC)

Mr. Dan Kelly CFP®, CLU, CRPC, AAMS, Personal Financial Consultant, was hired as the full-time Personal Financial Counselor to serve the Service Members and Families of the Nevada Air and Army National Guard.

Personal Financial Counselors can assist with budgeting, home and auto purchase planning, establishing and improving credit, retirement planning and other consumer finance topics. Additionally, Dan is able to travel statewide to meet with Service Members and their Families. This is a FREE service for our military families.

Mr. Dan Kelly primary office is at Plumb Lane Armory and he can be contacted at 775-223-9751 or at dkelly@mflc.zeiders.com.

He is also available at the Air National Guard Base each Friday from 0830-1200, and during Guard Drill from 0900-1330. Walk-in visits are always welcome.

Tutor.com for U.S. Military Families:

The Department of Defense MWR Library Program, Yellow Ribbon Reintegration Program, Navy General Library Program and Army General Library Program provide online tutoring and homework help from Tutor.com at no charge to all K-12 students in National Guard, Reserve and Active Duty military families. Many adults are also eligible for college and career transition help. Tutor.com for Military Families allows students to connect to a live tutor online at any time for one-to-one help with homework, studying, test prep, proof-reading and more.

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Students go to www.tutor.com/military <<http://www.tutor.com/military>> and click on their service to get a tutor.

Expert Tutors:

Every Tutor.com tutor is a carefully screened expert. Our team of more than 2,500 tutors includes certified teachers, college professors, graduate students, select undergraduates from accredited universities and other professionals. We employ military spouses, and approximately 9% of our Tutors are affiliated with the military. Tutor.com tutors are primarily based in the U.S. and Canada, with some bilingual specialists located internationally.

Safe, Secure, Anonymous:

Our commitment to safety starts with our rigorous tutor application process, an extensive background check, and a probationary period before an applicant becomes a certified Tutor.com tutor. Students and tutors always work anonymously and no personal information is shared during sessions. Ongoing session review and mentoring ensure that our tutors maintain the highest standards of quality and safety at all times.

Eligibility:

Students work one-to-one with a tutor in a secure, online classroom, which features an interactive whiteboard, file sharing and instant messaging.

Go to www.tutor.com/military/eligibility <<http://www.tutor.com/military/eligibility>> to see who is eligible to access Tutor.com for Military Families.

College Degrees presented to Airmen at Nevada Air National Guard

*By Master Sgt. Suzanne Connell
152nd Airlift Wing Public Affairs*

The Nevada Air National Guard held a ceremony on May 19 to celebrate Airmen receiving their Community College of the Air Force (CCAF) degrees.

Officers and enlisted members were joined by family and friends at the Nevada Air Guard Base where the 152nd Airlift Wing commander, Col. Jeffrey Burkett, presented each graduate with their CCAF Associate Degree in Applied Science. The 152nd Force Development Flight hosted the event.

Nevada Air Guardsmen are honored twice a year in ceremonies at the base, with this Spring's event celebrating the distinguished accomplishment for each of the ten Airmen who received diplomas. The Air Force is pushing for senior non-commissioned officers competing for the ranks of senior master sergeant and chief master sergeant to have CCAF degree.

For Staff Sgt. Kristine Mireles the last weekend was a doubled accomplishment

and said, "Continuing my education has always been a priority of mine. Attaining my second CCAF degree means a lot to me and I am definitely proud of myself for accomplishing it. This last weekend was a big weekend for me, because not only did I receive my CCAF in Information Management, but I also earned my bachelor's degree in Psychology from the University of Nevada Reno. I plan to continue to go school and further my education, and I am so fortunate to have the NVANG to help me do that."

In all, ten Airmen received associate degrees. The awardees were: Master Sgt. Daniel L. Baraz, Human Resource Management; Master Sgt. Christopher E. Crawford, Human Resource Management; Senior Airman Christopher J. Delostia, Avionic Systems Technology; Tech. Sgt. Thomas W. Henson, Aviation Maintenance Technology; Master Sgt. David A. Hill, Restaurant, Hotel and Fitness Management; Staff Sgt. Todd Lawson, Criminal Justice; Staff Sgt. Kristine A. Mireles, Information Management; Staff Sgt. Alex T. Norris, Human Re-

sources Management; Master Sgt. Michael E. Robinson, Electronic Systems Technology; and Senior Airman Devon Whitaker, Electronic Systems Technology.

"The foundations of leadership are fundamentally built off of the whole person concept," said Tech. Sgt. Thomas W. Henson, who continued on with, "Earning my CCAF degree further contributes to my development as a 'whole person' and helps further develop my personal team and institutional competencies that can be utilized in a manner to better any organization."

Staff Sgt. Devon Whitaker said, "It is an honor to obtain a CCAF degree. I am extremely proud of this accomplishment and it has further increased my motivation to continue to be successful." Whitaker concluded with, "This degree will also aid in me becoming a more effective leader and NCO. As a traditional guardsman, I have the advantage of becoming a positive role model and influencing people both on and off base while simultaneously implementing the Air Force Core Values."

According to the United States Air Force Air Education and Training Command's Air University, CCAF degree programs are designed to enhance the technical, leadership, management, and military skills of enlisted members.



CCAF graduates receive their Associate Degree in Applied Science in a ceremony on May 15, 2013, Reno, Nev. Pictured are (from left), receive their Associate Degree in Applied Science: Master Sgt. Christopher Crawford, Staff Sgt. Alex Norris, Master Sgt. Daniel Baraz, Master Sgt. David Hill, Staff Sgt. Kristine Mireles, Senior Airman Devon Whitaker, Senior Airman Christopher Delostia, Tech. Sgt. Thomas Henson, and Master Sgt. Michael Robinson (USAF Photo by Master Sgt. Jason Campbell) (RELEASED)

Why You Can Never Have Unprotected Sex

*Information Submitted by Master Sgt. Jessica Bean
152nd Medical Group Public Health
from Dr. Laura Berman*

There is no such thing as safe sex, no matter how young you are or how few partners you have had.

In this first decade of the 21st century the various risks connected with having sex have (alas) increased.

The figures for HIV, chlamydia and gonorrhea are all going up. This is almost entirely because so many people – whether they're heterosexuals or homosexuals or 'bi' – don't practice SAFE SEX!

What are the risks of unsafe sex?

- Unwanted pregnancy
- Venereal diseases (such as gonorrhea and, much less commonly, syphilis)
- Other sexually transmitted infections (such as herpes, pubic lice, and viral warts and especially the 21st century's major risk – chlamydia)

- HIV – the virus that can cause AIDS
- Cancer of the cervix
- Female infertility – due to pelvic infection caused by sex with an infected man

It's almost inevitable that other sexual infections will arise during this century – especially if the human race keeps going in for unsafe sex!

Germs have a nasty way of exploiting people's behavior, which is why – soon after the swinging 60s and 70s – herpes and HIV suddenly emerged.

Always use condoms. Make up your mind that condoms are a must. Period. It doesn't matter if the guy says he was just tested or if the girl claims she takes birth control on a regular basis. Promises (or birth-control pills) don't protect against STIs, condoms do. Keep them with you at all times (most health clinics offer them for free to students) and store them in a cool, dry place. (Don't use old condoms, and don't keep them in warm places, such as the glove compartment, because this can cause the material to break down.) Additionally, don't use oil-based lubricants or household items like Vaseline when using condoms, as this can also cause the latex to disintegrate. And, remember, live by Public Health's mottos: No glove, no love and self-love is safe love!



Latex condoms, when used consistently and correctly, are highly effective in preventing the sexual transmission of HIV, the virus that causes AIDS. In addition, consistent and correct use of latex condoms reduces the risk of other sexually transmitted diseases (STDs), including diseases transmitted by genital secretions, and to a lesser

Medical, cont. page 10

Microsoft Office - Home Use Program

*By Senior Master Sgt. Steve White
152nd Airlift Wing
Software Benefits Administrator*

Microsoft Office 2010 - Home Use Program (updated program code - 6E33E7F141)

I have had a few calls lately regarding the Office 2010 Home Use Program so this may be an opportunity to re-inform our members that the Air National Guard has made an arrangement with Microsoft to provide current Air National Guard members with the ability to purchase Microsoft Office 2010 for personal use.

The cost to members is only \$9.95. If you are interested, please read the information below.

This program for current Air Guard members with a (first.last@ang.af.mil) address only. The program code does not work for (@us.army.mil) addresses.

You are now eligible to participate in Microsoft's Software Assurance Home Use Program (HUP). This program enables you to get a licensed copy of most Microsoft Office desktop Personal Computer applications to install and use on your home computer.

Under the HUP, you and our other employees who are users of qualifying applications at work (e.g. Office Enterprise) may acquire a licensed copy of the corresponding HUP software (e.g. Office Enterprise) to install and use on a home computer. You may continue using HUP software while you are under our employment and as long as the corresponding software you use at work has active Software Assurance coverage.

Please note that some product and language versions may not be available at the time you place an order. For up-to-date in-

formation on the availability of HUP software, please visit:

<http://microsoft.com/licensing>

To access the Microsoft HUP Web site:

1. Go to <http://hup.microsoft.com>.
 2. Select the country to which you want your order to be shipped to and choose the language for viewing the order Web site.
 3. Enter your @ang.af.mil e-mail address and insert the following program code: 6E33E7F141. (Note: This program code is assigned to our organization for our sole use in accessing this site. You may not share this number with anyone outside our organization.)
 4. Place your order online, and it will be shipped to the location you have chosen. Please note that a fulfillment fee will be charged to cover packaging, shipping, and handling costs.
- We trust you will enjoy this benefit and look forward to your participation.



Hardtack, from page 6

fault is either in the stock, manufacture or baking; it should not present the appearance of dried paste. If tough and pasty, it is probably manufacture from grown wheat, or Spring wheat of an inferior kind. In all cases it should be thoroughly cooled and dried before packing. Kiln drying, where practicable, for long voyages, is particularly desirable; but if really and thoroughly dried in the oven, hard bread will keep just as well and its flavor is not destroyed. To make good hard bread, it is essential to employ steam; hand work will not do."

"Bread thoroughly baked, kiln dried, and packed in spirit casks, will keep a long time but it is an expensive method. If bread contains weevils, or is mouldy, expose to the sun on paulins, and before re-packing it, rinse the barrel with whiskey."

Army Hardtack Recipe

Pre-heat oven to 375° F

Ingredients:

- 4 cups flour (preferably whole wheat)
- 4 teaspoons salt
- Water (about 2 cups)

Makes about 10 pieces

Mix the flour and salt together in a bowl. Add just enough water (less than two cups) so that the mixture will stick together, producing a dough that won't stick to hands, rolling pin or pan. Mix the dough by hand.

Roll the dough out, shaping it roughly into a rectangle. Cut into the dough into squares about 3 x 3 inches and ½ inch thick.

After cutting the squares, press a pattern of four rows of four holes into each square, using a nail or other such object. Do not punch through the dough. The appearance you want is similar to that of a modern saltine cracker. Turn each square over and do the same thing to the other side.

Place the squares on an ungreased cookie sheet in the oven and bake for 30 minutes. Turn each piece over and bake for another 30 minutes. The crackers should be slightly brown on both sides.

The fresh crackers are easily broken but as they dry, they harden and assume the consistency of fired brick.

I remember during my first enlistment from 1970-1976 having the privilege of trying a C Ration meal while on a field maneuver. In the meal there was this thing called a biscuit that was on the order of a true hardtack. There was no way to break it and when I poured coffee on it the coffee rolled off the biscuit without absorbing in it or softening the biscuit one little bit. Needless to say I never ate it and it still may be in the hills of Nevada to this day and it may still not be decomposed.

**Medical, from page 9**

degree, genital ulcer diseases. Condom use may reduce the risk for genital human papillomavirus (HPV) infection and HPV-associated diseases, e.g., genital warts and cervical cancer.

Beware of alcohol and sex. Alcohol and sex often go hand-in-hand. A couple of drinks can make you less inhibited and more relaxed, meaning that you are more in the mood and more confident. However, this can also backfire. According to a recent study, 45 percent of college freshmen who engage in binge drinking neglect to use protection, even if they regularly use contraception while sober. A couple of drinks seem to make students throw caution to the wind, and this can have potentially disastrous results. And, even if you do use protection, you might use it incorrectly due to all those drinks you downed at the bar! So be careful not to get too tipsy if you plan on hooking up later. Besides, too many drinks detract from sexual experience anyway, so forget all that booze.

And Be Aware, Oral Sex Has Risks As Well.

The misconception is that oral sex is the safe alternative to intercourse. The truth is that without the proper precautions, oral sex has its share of risk as well. Get the facts about oral sex and learn how to make it the safe alternative everyone thinks it is.

Don't assume. Many people wrongly think that you can look at others and tell if they have an STI. However, the cute class president can have an STI, even if he or she also has a 4.0 and a killer smile. Being exclusive with one partner also does not mean you will be safe from STIs. Mistakes happen. No matter what, you must always rely on safer sex practices such as condoms and dental dams to protect your health.

**MILITARY ONE SOURCE**

Summer's here! Do you have plans to create some adventure for yourself or your family? Let Military OneSource help you with ideas for summer fun that can create lasting memories. Military OneSource also has resources to help you get kids engaged in activities and on the move rather than staying parked in front of the TV until they go back to school. Let us help you plan an active and exciting summer for you and your family!

Below is the link to June's Monthly Focus — Summer Fun! Where you can find all the resources necessary. Also, don't forget to check out the Tumblereadables (early readers to 12th grade). This will fulfill all their summer reading requirements. Just go to the link for DoD MW/R Libraries and click on the age appropriate Tumblereadable hot button.

<http://www.militaryonesource.mil/monthly-focus?month=june&year=2013>

Summer also brings crazy weather. Military OneSource is the central point of contact for distribution of information and referral services for service members, select Department of Defense civilians and their families. Following the declaration of a crisis or disaster situation, we will provide current information and access to services and resources to assist in preparation or recovery. Visit the resources, tools and articles below to learn how to prepare and recover from a crisis or disaster situation.

<http://www.militaryonesource.mil/disaster-resources>

Retention, from Page 5

signature is required to qualify to use the benefit. Visit the Nevada Military Department's website to fill your form out and have it ready for drill.

<http://www.nv.ngb.army.mil/nvng/assets/File/education/NVMDForm37WR4.xls>

Keep on rocking High Rollers! Contact your Unit Career Advisor or the Retention Office for any questions concerning any benefit or issues that you may have.



Tavern, from cover

time." Other than the cocktails, the tavern also serves healthy fruit juices made with organic fruits and vegetables.

The Nevada Air National Guard teaches and trains its members for important things, but the effect is more pronounced and long lasting, it often helps them reach beyond themselves to the greater good of their fellow man.

"It's a worthy cause. We all need to give back to the individuals in our community in any way we can," Plunket said, "in this case, these kids need special assistance, so it's extra important for us to contribute."

If you or someone you know from the Nevada Air National Guard is positively involved with local community activities, we would like to know.

Please send the info to:
152aw.highroller@ang.af.mil

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Brian Sandoval

The Adjutant General

Brig. Gen. Bill Burks

152nd AW Public Affairs Officer

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Tech Sgt. Eric Ritter

Tech Sgt. Rebecca Palmer

SrA Ashif Halim

AB Kristine Wiley

Forum, from page 3

spent in SAC, but I never saw such unparalleled 'unit pride' as I witnessed during our visit to your base. Oh, certainly, when a military base is hosting an event that permits public access, the base gets spiffed up, uniforms get brushed off, and everyone puts on a smile. I fully expected that. But no military base can be made to look good overnight; if it looks fabulous, it is because THAT is the way it ALWAYS looks ... and yours looked fabulous. No military uniform can be made to look sharp with an occasional brushing; if it looks 'crystal' it is because it has been maintained that way...and every uniform I saw looked 'crystal.' A fake smile cannot hide a lack of pride because eyes don't lie; military unit pride glows in the eyes and all else confirms its existence: absolute job knowledge and confidence, outstanding demeanor, and warm and sincere smiles... and I saw absolute and total PRIDE in the eyes of every person I met. THAT'S what dazzled me the most while I was visiting your base. There just wasn't time for me to stop and express my admiration and my thanks to every 152nd Airlift Wing member I saw so this letter, poor substitute for a real face-to-face handshake and salute that it is, will have to suffice. You folks are amazing! Thank you and a safe journey always to all of you."

Lt. Col. Machabee was the mastermind in getting the NSF to hold their meeting on the base. He explained, "This was an incredible opportunity to discuss with a group of well-connected local business leaders what a great value the National Guard is to the Department of Defense and the taxpayers. Many of the NSF members were unaware of the capabilities that the Nevada Air Guard can offer to the community not to mention the lower cost when compared to the Active Component. In order to ensure our future as an Air National Guard Wing, we must tell our story, because public support is what makes the National Guard unique and powerful especially in times of budget uncertainty."

For more information on the National Security Forum, visit their website: www.nationalsecurityforum.org.

Family Programs, from page 7**Helpful Websites:**

<http://www.va.gov>

<http://www.usajobs.com>

<http://www.militaryonesource.com>

<http://www.dol.gov>

<http://www.turbotap.org>

<https://www.vba.va.gov>

<http://www.sittercity.com>

<http://www.afterdeployment.org>

<https://www.ebenefits.va.gov>

<https://www.nevadaguard.com>

<http://www.152aw.af.mil/resources/airman&familyreadiness.asp>

<https://www.facebook.com/pages/152nd-Airlift-Wing/126657290714178?sk=wall>

Upcoming Family Programs Events

Personal Financial Counseling - 0800-1200 every Friday, and every Saturday of drill weekend. Please call 788-4585 for appointment.

Yellow Ribbon Event - June 15, 2013 (Air National Guard Base)

Air National Guard Family Day - June 22, 2013 (Air National Guard Base)

Nevada National Guard Youth Day Camp - July 15-19, 2013 (Plumb Lane Armory)

Reno Aces Military Appreciation Night - July 26, 2013

Military Ball - July 27, 2013 (El Dorado, Reno)

Backpacks for Military Kids - August 5-6, 2013

Key Volunteer Training - August 7, 2013 (5:30 PM, Wing Commanders Conference Room)

Volunteer Workshop - August 23-25, 2013 (Location TBD)

Yellow Ribbon Event - September 8, 2013 (Reno)

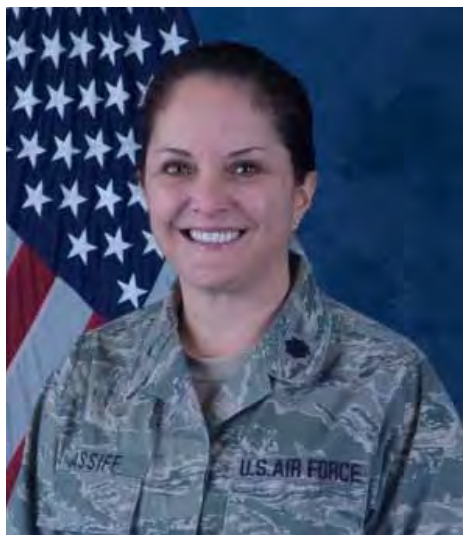
Yellow Ribbon Event - October 5, 2013 (Reno)

Yellow Ribbon Event - October 19, 2013 (Reno)

Halloween Party - October 5, 2013 (Air National Guard Base)

Key Volunteer Training - November 6, 2013 (5:30 PM, Wing Commanders Conference Room)

Kids Christmas Party - December 14, 2013 (Location TBD)



Corner

*By Lt. Col. Shelly Assiff
152nd Airlift Wing Inspector General*

The New Air Force Inspection Program

In 2010, Air Force Chief of Staff Gen. Norton Schwartz tasked the Air Force inspector general to give the Air Force inspection program a major overhaul. You may have noticed a few changes as a result, such as adoption of the Management Internal Control Toolset. MICT is a program that takes self-assessment to a whole new level. As units complete compliance checklists in MICT, they are required to not only self-identify deficiencies, but they must also develop and upload corrective action plans in order to demonstrate compliance.

Just when you were getting used to the idea of MICT, the Air Force inspection system is evolving yet again. Air Force leadership is finalizing plans to implement another major change to the inspection system. The new system, called the Commander's Inspection Program (CCIP), is designed to ensure units are mission ready at all times.

Under CCIP, the wing will undergo a continuous evaluation cycle, thereby eliminating the need to ramp up inspection prep every few

years. The new philosophy is "mission-ready is inspection-ready." The major command IG will virtually inspect a sampling of units and programs within MICT, and only visit our wing one week every two years to conduct a hands-on inspection. This inspection, called the Unit Effectiveness Inspection, will replace all compliance and readiness inspections altogether.

So what does this mean to you? Greater emphasis will be placed on commanders and supervisors to ensure units are mission-ready at all times. Simply put, you will no longer take extraordinary efforts to prepare your office for an inspection, because you should assume that your unit is always being looked at!

There is still a lot to be revealed about the new inspection system, and you can expect more information to come in the following months. Ultimately, the focus will be on obtaining more 'white space' on the calendar, eliminating inspection prep, and achieving steady-state mission readiness.



**You are cordially
invited to:**

**The Governor's
Military Ball**

**Saturday
July 27, 2013**

Eldorado Hotel

See CCM/SEL Rick Scurry
(788-4579) for more details.

FITNESS TESTING

FITNESS TEST FOR THE FIRST JUNE
DRILL IS SATURDAY AND SUNDAY
FOR THE SECOND JUNE DRILL

AT 0800

SITUPS/PUSHUPS IN THE GYM
RUN AT WOOSTER HIGH SCHOOL

NV Energy Recognizes Employee Volunteers

*By Lt. Col. JoAnn Meacham
152nd Mission Support Group
Deputy Commander*

On April 24, 2013, NV Energy held a luncheon to recognize employees, retirees, and their family members for donating over 39,000 volunteer hours throughout Nevada in 2012. One employee volunteer project, the NV Project, sends care packages to deployed military men and women because they want them to know how much their sacrifice means to the community. The care packages are filled with toiletries, snacks, powdered drinks, books, playing cards, CD's and DVD's. Deployed members of the 152 Airlift Wing received 66 care packages over the last year! As a way to thank the employees for the care packages, Lt. Col. Jon Schulstad, Chief Master Sgt. Stan Martinez and Master Sgt. Dave Raschen



Lt. Col. Jo Meacham, Senior Engineer, NV Energy; Lt. Col. Jon Schulstad, Chief Master Sgt. Stan Martinez; Mary Simmons, Vice President, External Affairs, NV Energy; Master Sgt. Dave Raschen; Melissa Fritz, Major Account Executive, NV Energy

presented two flags to NV Energy that had been flown during recent combat missions. Their presentation and heart felt gratitude showed the NV Energy employees that their efforts truly made a difference.

Not all Alcohol is Created Equal

*By Ms. Trudy Gilbert-Eliot, LMFT, LADC
152nd Airlift Wing Director of Psychological Health*

Summertime can be one of the most enjoyable, memory-filled times of the year. One memory none of us wants to add to the 'story of our life' is a DUI. I have had many clients over the years tell me their DUI story-- none of them were pleasant and every one of them was fully avoidable. Beyond the fact that the easiest way to avoid a DUI is to NEVER get behind the wheel when you have had ANY alcohol, here are some other important facts having to do with metabolizing alcohol:

Type of alcohol: One drink is 1.5-ounce of most hard liquors (whiskey, rum, tequila, etc.), a 5-ounce glass of wine, a 12-ounce beer, or a 7-ounce malt liquor. However, depending on the proof, this could change. For example, the 1.5-ounce of hard liquor is based on

a standard 80 proof liquor (80 proof = 40% by volume). Everclear at 190 proof is 95% by volume so one drink would be only about .60 of an ounce. Additionally, it's important to understand that some bars 'pour heavy' while others 'pour light'. A 'tall' beer can be two to two and a half beers. Do not make the mistake of thinking every drink is equal and can be counted as 'one'.

Gender: Most people understand that women do not metabolize alcohol the same as men. This has nothing to do with weight, instead it has to do with three other factors: lower percentages of body water so less water to dilute the alcohol (men have more muscle volume which has more water while women have more fat volume), less alcohol dehydrogenase enzyme in the stomach

to break down alcohol before entering the blood stream (thus women have 30% more alcohol in the bloodstream per drink than men), and hormone rates (women absorb alcohol faster during the premenstrual period than any other time). Simply put, a man who weighs 175 who drank three drinks in one hour would have a blood alcohol (BA) level of about .075 (barely under the legal limit) while the same sized woman would have a BA of .087 after the same three drinks.

Time: The highest level of blood alcohol occurs 30-90 minutes after alcohol is ingested. This is impacted by many factors including weight, body chemistry, emotional state, health, and body fat. Generally, an average person can eliminate 0.5 ounce of pure alcohol per hour. So, it would take approximately one hour to eliminate the alcohol from a 12-ounce can of beer because beer is 4-6% alcohol by volume.

Speeding absorption: Absorption is impacted by the amount ingested, how fast a person drinks one drink, drinking on an empty stomach, adding carbonation to any drink, warming alcohol (sake, Irish coffee), taking aspirin and many other medications that increase alcohol absorption, and absorption increases the hotter it is outdoors.

Slowing absorption: You can slow absorption by eating before or while drinking, especially proteins and fatty foods, and diluting alcoholic beverages with ice, water, or fruit juice.

If you feel like you have issues with alcohol, please contact your Family Practitioner or the Wing Director of Psychological Health at 775-788-9307.

OPSEC is Everyone's Responsibility

*Information Submitted by Maj. Joshua Flatley
152nd Airlift Wing XPO*

from Spring 2013 Interagency OPSEC Support Staff Newsletter

Operations Security (OPSEC) is not a new concept; the practice pre-dates the Washington administration. Over the years, OPSEC drove popular adages such as "Loose Lips Sink Ships," "Mum's the Word," and "One Man's Trash is Another Man's Treasure." Most of us practice OPSEC every day without even realizing we are doing so. When we take precautions against someone breaking into our home, stealing a purse or wallet, fraudulently using our credit card(s) or other personal information, stealing packages from vehicles or doorsteps, etc. we practice OPSEC. When we really consider what OPSEC is, it is nothing more than performing risk management by trying to view our operation or activity from the perspective of the adversary. It is the process of identifying, analyzing, and controlling critical information and threats, revealing vulnerabilities, and developing simple, straightforward, inexpensive, and effective countermeasures to mitigate those threats and vulnerabilities.

By and large, criminals are opportunistic people with nefarious intentions and they capitalize on the carelessness of others who may unintentionally expose too much information. Practicing good OPSEC helps deny the adversarial element the information they need to carry out their ill intentions. While we cannot protect every shred of information all the time, we can make prudent efforts to think about what those elements might want to know about us. Information such as our security posture, key personnel, personal identifiable information repositories, and vulnerabilities are just a few hot topics that can either be used against us, or used to further a criminal enterprise such as identify theft, fraudulent identification manufacturing, etc.

Even though information may not be classified per se, it can still be critical information addressing specific facts about a disaster, field offices, personnel, aid recipients, etc. Although some bits of information may seem insignificant in and of themselves, to the motivated adversary those bits are integral puzzle pieces which highlight who we are, what we are doing, our strengths and weaknesses, and a host of other mission critical information. The adversary is a master of collecting information and will frequent the same stores, clubs, recreational areas, or places of worship as you do. Determined individuals can also easily collect information from eavesdropping, picking through trash, surfing personal and social media websites, and a plethora of other resources.

Each of us is vital to bolstering our operations security posture and it is imperative that we all embrace OPSEC in an effort to protect our mission as well as those we serve. With just a little thought about what information we make available to others, we all become integral to denying the adversary the nuggets of information they seek.

[article copied from the Spring 2013 Interagency OPSEC Support Staff Newsletter, <http://www.iad.gov/ioss/departments/opsec-newsletter-10075.cfm>]

Military OneSource

Summer's here! Do you have plans to create some adventure for yourself or your family? Let Military OneSource help you with ideas for summer fun that can create lasting memories. Military OneSource also has resources to help you get kids engaged in activities and on the move rather than staying parked in front of the TV until they go back to school. Let us help you plan an active and exciting summer for you and your family!

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<http://www.militaryonesource.mil/monthly-focus?month=june|year=2013>

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<http://www.militaryonesource.mil/disaster-resources>

EANGUS
NATIONAL CONFERENCE
AUGUST 18-21, 2013
SIOUX FALLS, SD

EANGUS Website Information:

You can now join or renew your EANGUS membership on the EANGUS website:

All current members as of Dec 31, 2012 will be eligible to win a 12 rifle gun safe or \$400 Apple gift card.

First June UTA Menu

Saturday

REGULAR MEAL - BOTH LINES

Sunday

Meat w/Marinara Sauce
Chicken w/Pasta Primavera
Spaghetti Noodles
Summer Squash / Vegetable Medley
Chicken & Rice Soup
Asst. Desserts

SHORT ORDER

Hamburger / Cheeseburger
Chicken Wraps
Chili / Nachos
French Fries / Onion Rings
.....

Holiday Meal: 1100-1230

Smoked BBQ Chicken / Beef Brisket
BBQ Ribs / Baked Beans
Fresh Garlic Mashed Potatoes / Gravy
Corn on the Cob / Broccoli w/Cheese
Seafood Appetizer
Chicken & Rice Soup
Asst. Desserts

Second June UTA Menu

Saturday

NO MEAL DUE TO FAMILY DAY
.....

Sunday

Holiday Meal: 1100-1230

Smoked BBQ Chicken / Beef Brisket
BBQ Ribs / Baked Beans
Fresh Garlic Mashed Potatoes / Gravy
Corn on the Cob / Broccoli w/Cheese
Seafood Appetizer
Chicken & Rice Soup
Asst. Desserts

SHORT ORDER

No Short Order
.....

IF YOU ARE ACTIVE GUARD RESERVE (AGR),
ON ANY KIND OF ORDERS (ANNUAL TRAINING,
STATE ACTIVE DUTY, MPA, TITLE 10), OR AN
OFFICER YOU MUST PAY.

Regular Meal Rate: \$4.60 *Holiday Meal Rate: \$7.60*

MILITARY APPRECIATION NIGHT

FRIDAY, 26 JULY 2013, 7:05PM
VS TACOMA RAINIERS

SOLDIERS & AIRMEN TO BE RECOGNIZED
NVNG JOINT HONOR GUARD
AIRMAN SINGING NATIONAL ANTHEM
TAG WILL THROW OUT FIRST PITCH
FIREWORKS TO FOLLOW GAME



RESERVED TICKETS: \$10 (NORMAL \$14)
POC's: Chief Scurry (4579), MSgt
Woodfolk (4701), & SSgt Mireles (8707)

The Reno Aces Baseball Team will be having Military Appreciation Night on Friday, 26 July 2013 (see above). Once again, Nevada National Guard Soldiers and Airmen (of the Year) will be recognized as part of the pre-game ceremony (6:30 pm) on the field prior to the start (7:05 pm) of the ball game. The NVNG Joint Honor Guard will present colors, an airman will sing the national anthem and TAG will be throwing out the first pitch. Please come out to support and enjoy an evening at the ballpark with your fellow Soldiers and Airmen. Reserved seating tickets are \$10 each (normally \$14) and can be obtained from Chief Master Sgt. Scurry, Master Sgt. Woodfolk (4701), or Staff Sgt. Mireles (8707). If you would like to purchase a General Admission (GA) ticket (does not provide a seat, but allows you into the stadium to walk around or sit on the outfield grass), please contact Chief Master Sgt. Scurry directly. He can obtain GA tickets for \$5.

SHARP ANGLES

*By Ms. Sylvia Beck
152nd Airlift Wing
Base Real Property Manager*

An interview with the new Civil Engineer Squadron Commander:

Lt. Col. Glen Martel, P.E., took over the reins of the 152nd Civil Engineer Squadron as the Base Civil Engineer (BCE) in November, 2012. In his interview, we get to know this Professional Engineer (P.E.) and his vision for the future of the Civil Engineer Squadron (CES). Interviewer Sylvia Beck, 152AW/Nevada Air National Guard Real Property Manager, asks the BCE what is important to him.

Experiences growing-up that influenced your decision to become an Engineer? Your Engineering specialty? What led you to select that aspect of Engineering? I started as an Electrical Engineer due to my time in Air Force Active Duty working on the B-52 as an ECM technician. After working in construction building single family homes and small commercial buildings, I liked the idea of hands-on, outside work and transferred to Civil Engineering. I specialized in the development, entitlement side of engineering. It allowed me to interact and be involved with all aspects of projects, from original concept to...scheduling, financing, planning, permitting...and finally, construction.

Others in your family in the military or engineering? My father was Army. Cousins served in the Army and Air Force. No other family members were Engineers.

Your college? Areas of study most difficult for you? How did you overcome that hurdle? University of Nevada, Reno. Balancing two jobs, my Guard commitment, school and family during this time was very challenging. Handled frustrations and conflict by keeping focus on the important items and prioritizing

challenges based on long-term effect. To paraphrase Calvin Coolidge, "perseverance alone is omnipotent."

I have heard that you are a die-hard Wolf Pack fan. Why? UNR is a hometown school; excellent reputation in all academic areas. A great asset for the northern Nevada region. Wolf Pack theme is metaphor for life. The wolf cannot succeed without the pack, and the pack cannot succeed without the wolf. Concept is critical to our success in CES, as well as the NVANG and community. Besides, UNR's colors are better than gray and red.

You already served the CES over many years, as well as in Carson City as the A1. How do you see CES today and where you want it to be in the future? CES is at crossroads on both the fulltime and traditional sides of its operation. The full-time equation has changed with drastic reductions in new construction. Transition will have to be made to maintenance and creative/efficient use of existing spaces/facilities. On the traditional side, we are challenged by funding cuts, as well as the changing landscape of inspections and CBTs. In order to continue being the pre-eminent PRIME BEEF squadron, we must continue and expand our community interaction and joint operation attitude to maintain our expertise and cement our relevancy. CE continues to work with the BLM, Forestry Service and Girl Scouts to provide needed services and receive valuable training. We are expanding our efforts to include local Vet organizations and parks/recreation departments...looking for additional ways to provide service for the community and maintain our skill sets. Perhaps the most exciting is the recent joint operations with the Marines at Pickle Meadows in conjunction with the 192nd Airlift Squadron. This joint effort has the potential to pay huge dividends for the NVANG as a whole, establish-

ing the region as a sought-after training venue.

What does the TAG want you to accomplish in your new position as BCE? The TAG's priorities are detailed in his strategic plan, as available in our Base General Plan. In short, through excellence, professionalism and integrity, CE will maintain readiness, continue to care for our members and their families, maintain relevancy through diversity and provide unequaled community support.

What can the Base expect to see next in the way of energy conservation innovations? CE will continue to expand its use of automated control, modernize equipment and coordinate with users to ensure maximum ability for mission accomplishment. Deputy BCE Lt. Col. Nicholas with new construction, and Facility Manager Senior Master Sgt. Lindsay with maintenance, has laid an exceptional foundation for energy excellence. Base support for CE's efforts has been superb and greatly appreciated. I am grateful for the feedback and ideas that users have generated. We will continue to improve through communication as equipment continues to be upgraded and replaced.

As BCE, you also wear many hats: Assistant USP&FO for Air, Fire Marshal, Facility Board Recorder, and much more. Why is that important to the Base? My additional roles are critical in that they provide consistency for the Wing Commander in ensuring that Wing priorities align with resources, expectations and regulations. The Fire Marshal provides oversight to the CEF and ensures that fire safety, training and education are accomplished for the base populace. In short, the BCE is responsible for all the structures, utilities and surfaces on our Base. Naturally given the extent and location of these, it is critical that the BCE be in-sync with the Commander's vision

Cont. next page

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and provides the input necessary to ensure success.

Your inspirations? My current inspiration is the evolution of CE and the NVANG. The opportunities that are currently present are really exciting. I am looking forward to seeing where all these cooperative and joint efforts lead us.

How do you relax with your family? We enjoy camping, cruising, Disney World and BBQ in the backyard.

Hobbies? Pets? Working in the yard. We have two dogs Loki and Cinamon.

Known as an outstanding BBQ-er, which of your BBQ secrets will you share? You can BBQ just about anything: cinnamon rolls, vegetables, fruit, chicken parmesan and pizza. Regardless of what you like to BBQ, I have found the consistent secret is to set the right mood to enjoy the preparation, cooking and eating of the meal. BBQ is as much about the ambiance and company as it about the particular meat or dish.

Your personal hero? Why? Ronald Reagan. Regardless of your politics, I believe you can learn from his ability to hire exceptional people and let them work. He was also consistent in his belief system and priorities.

Number one on your Bucket List? Tour Europe and the Mediterranean.

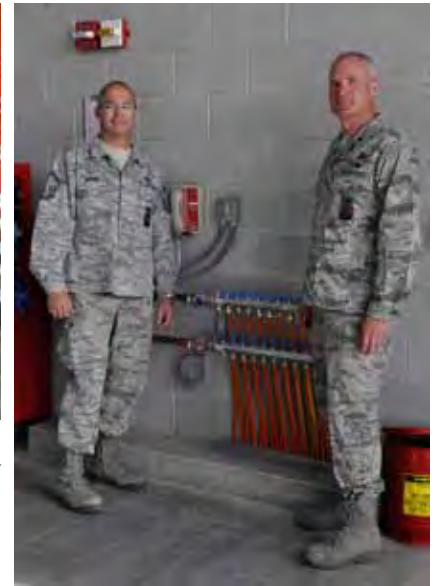
Significant accomplishments of which you are proudest? Successful deployment to Kuwait where I was attached to the Embassy. Being selected as the CE Commander. Two Honors High School students, Tasha and Tristan.

Greatest challenge facing you ahead? Working with all other NVANG units to ensure that we position our successors for the greatest chance at success.

One thing important to you that you want people to know about yourself? I am enjoying my time back at CE as the Commander. GO WOLF PACK !



Lt. Col. Martel and Roosevelt Brooks, CE HVAC, and outdated compressor soon to be replaced by energy-efficient equipment.



Fire Chief, Senior Master Sgt. Mike Brown and Lt. Col. Glen Martel BCE inspect the LEED-Certified solar hydronic, in-floor heating system at the new Fire Station.



Lt. Col. Glen Martel and Senior Master Sgt. James Lindsay Facility Manager, checking the new Pulse Meter for demand-limiting, energy savings.



Fire Chief, Senior Master Sgt. Mike Brown and Lt. Col. Glen Martel showing off the new green, LEED-Silver solar heating system in Bldg. 800, Fire Station.

Do you have interesting, innovative ideas that you would like to bounce around with the new BCE? He uses an open-door policy. Lt. Col. Martel's office

is located in Bldg. 88, CES Administration. Please contact him by email or at 788-4557.

NNGA Army vs. Air Golf Tourney

Friday, July 26, 2013

Wolf Run Golf Course
1400 Wolf Run Road, Reno
(775) 851-3301



Registration at 6:30 a.m. - Shotgun Start at 8 a.m.

Join us for a day of fun at Wolf Run Golf Club! This four-person scramble is open to all Guardsmen, retired Guardsmen, family and friends. It's a truly spectacular golf experience and an opportunity to compete for the coveted 53-year-old General's Trophy!

Tournament price includes 18 holes of golf with cart, range balls and lunch immediately following at the golf course. All proceeds will benefit EANGUS and NGAUS associations of Nevada. Prizes will be awarded following the event.

Enlisted \$ 80 per person - https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=54MP5UM3EVQM4

O-1 to O-3/CWO 1-3 \$ 90 per person - https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=CWV9ADKKD58JY

O-4/CWO 4 and above \$ 100 per person - https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=72PJEBT9LNUZJ

Non-military and retirees \$ 100 per person - https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=5RA8SNCKSYQAL

*All golfers will play a four-person scramble and be included in the run for the General's Trophy.

R.S.V.P. by July 25, 2013

POC: Bob Bagnato / bagnator@msn.com
775-843-4002

Alt POC: April Conway / april.conway@ang.af.mil
775-788-4505

If you or someone you know from the Nevada Air National Guard recently returned from a deployment or left to a deployment and you have photos of their arrival/departure, we would like to know.

Please send the info to:
152aw.highroller@ang.af.mil

FROM THE SAFETY CHAIN

Risk Management

"Break the chain of events"

Please take the time to utilize "Risk Management" both on and off duty. In order for a mishap to occur a series of events must take place. If one of the opportunities or events is eliminated so is the mishap.

1. Identify Hazards
 2. Assess Hazards
 3. Make Control Decisions
 4. Implement Controls
- Supervise and Review Parker



Did you know... You Can Request a Correction to Your DD Form 214 Online?

The DD Form 214, "Certificate of Release or Discharge from Active Duty" is provided on your release from active duty, discharge, separation, or retirement. The information on your DD Forms 214 is used for benefits eligibility and legal verification of your military service. It is important to keep your military personnel records accurate.

If while you are in service, you find any information that needs to be corrected or added on any of your DD Forms 214; you can submit a request online to have a DD Form 215, "Correction to DD Form 214, Certificate of Release or Discharge from Active Duty" prepared for that form and distributed. Usually your need for a DD Form 215 is to document information that wasn't available when the original DD Form 214 was produced; but it can also be used to correct certain specific pieces of information that are in error.

To submit your request, log on to myPers at mypers.af.mil. From the myPers homepage, go to the "I Would Like To..." section and select "Access the vPC-GR Dashboard" link, choose the "Action Request" tab, and select "Correction to My DD Form 214." Fill out the information in the "DD Form 215 Request Worksheet" and attach any required documentation.

If you need assistance at any time when submitting your request, click on the "Contact Us" link from the myPers website to reach a customer service representative.

Go check it out!
#4, 22 May 2013



Come Play With Us

Based out of Doyle, Ca. Operation Borzoi is a program that is providing PTSD service dogs to veterans across the nation free of charge! But they can't do what they do with out help from the community! If you or someone you know would like to volunteer time, finances or supplies, please email or call the number below.

We look forward to working with you and thank you for your support!

530-827-2050

borzoi@operationborzoi.org



Ways to Help

Here's what you can do:

- Spread the word about our services.
- Make a financial contribution.
- Sponsor a puppy.
- Invite Operation Borzoi to your next meeting or event.
- Donation of towels, blankets and dog supplies.
- Volunteering.
- Fund raising.
- Construction work volunteering.

Who's Behind Operation Borzoi?

Garnett Thompson started Sunburst Borzoi in 1971 when she got her first borzoi. Since then, her kennel and her breeding line has become internationally known. She teamed up Karen Greenhill of Rushwind Kennels to create the perfect dogs for our veterans.

Together, with Operation Wolfhound, Operation Borzoi was born. With that, these two incredible groups work tirelessly to match veterans with the right dog and provide the necessary training to create an unstoppable pair.

Operation Borzoi

437-100 US Hwy 395
Doyle, Ca 96109
530-827-2050 925-207-0665
borzoi@operationborzoi.org

Operation Borzoi

Operation Borzoi, in conjunction with Operation Wolfhound works to raise, train and place service dogs, free of charge, to Veterans with PTSD.



What We Do...

This program is designed to provide veterans with "Independent Thinking" service dogs that have calm temperaments, great vision, and have the size to physically support their veterans at no cost to the veteran. Operation Borzoi has placed 25 dogs in the last two years with the help of Operation Wolfhound and are looking for more veterans to help every single day. These dogs can help veterans who suffer from PTSD, TBI, POLY trauma as well as the physically disabled. One of the most important things about this program is that the training is custom fit for the veteran's needs. Every dog is unique!



Harley's Heroism

How this Borzoi saved his veteran

One of the dogs from Operation Borzoi, Harley, was donated to a veteran in need by the name of Jerry. In November 2011, Harley's companionship proved to be invaluable.

In the middle of the night, Jerry was having a severe seizure and Harley woke up Jerry's wife. Once the paramedics arrived, Harley had to be removed because he wouldn't allow anyone to touch his person. Even though Harley knew something was terribly wrong, he couldn't stand letting people he didn't know touch Jerry. After 4 hours, the doctors finally had Jerry stabilized and confirmed that Jerry would have died without

Harley's quick response.

Once Jerry had recovered, the pair became closer than ever and returned to Operation Wolfhound to continue their training.



WOMEN VETERANS WELLNESS EVENT



The Nevada Women Veterans Program addresses the unique needs of women veterans across the State of Nevada. Our 2013 wellness events in Las Vegas, Reno, and Elko are designed to educate women of different generations about healthy life choices.

On June 29, 2013 from 9:30 am – 2:00 pm the Reno Women Veterans Wellness event will be held at the Siena Hotel SPA Casino, Reno, NV. This event will have a diverse offering of classes and information. Brunch will also be served.

Some of the informational classes being offered include:

Cooking – Cooking information and demonstration provided by VA nutritionist

Keeping your Cool – Hear about ideas and techniques for how to manage the stresses of everyday life.

Benefits – This class will focus on how to file claims and what benefits are available to female veterans.

Aging Gracefully – Class on Menopause, Osteoporosis and other gifts of aging.

Some of the fitness activities include:

Tai Chi

Massage

All classes and activities are subject to change but rest assured there will be something for everyone at this event to ensure our women veteran population is healthy, strong and well informed.



Space is limited to 80 people and is first come - first serve so please RSVP to:

Yvonne Betron, Women Veterans Coordinator at
702-486-3830, 702-501-9432 (cell) or betrony@veterans.nv.gov
No later than June 25, 2013.



NEVADA

WORKSHOPS for MILITARY WOMEN SERVICE MEMBERS and VETERANS

About Combat Paper

Coming home from war is a difficult thing. There is often much to account for as a survivor. A new language must be developed in order to express the magnitude and variety of the collective effect. Hand papermaking is the language of Combat Paper. By working in communities directly affected by warfare and using the uniforms and artifacts from their experiences, a transformation occurs and our collective language is born.

Through papermaking workshops, veterans use their uniforms worn in service to create works of art. The uniforms are cut up, beaten into a pulp and formed into sheets of paper. Participants use the transformative process of papermaking to reclaim their uniforms as art and express their experiences with the military.

The Combat Paper Project is based out of studios throughout the United States and has traveled to Canada, England, Scotland, Northern Ireland and Kosovo providing workshops, exhibitions, performances and artists' talks. This project is made possible through the collaborative effort of artists, veterans, volunteers, colleges and universities, art collectors, cultural foundations and art spaces.

Through ongoing participation in the papermaking process, we are broadening the traditional narrative surrounding the military experience and warfare. The work also generates a much-needed conversation between veterans and civilians regarding our collective responsibilities a shared understanding in war.

The story of the fiber, the blood, sweat and tears, the months of hardship and brutal violence are held within those old uniforms. The uniforms often become inhabitants of closets or boxes in the attic. Reshaping that association of subordination, of warfare and service, into something collective and beautiful is our inspiration.

Drew Cameron—2007

Combat Paper Nevada Military Women Workshops Reno, NV

The team at Combat Paper Nevada will host three Military Women Only Workshops in a beautiful park-like setting at the Northern Nevada Adult Mental Health Services' Sparks Campus. Women who serve now or served in the past are welcome to join one or all three workshops.

For more information or to reserve a spot for any of the workshops please contact:

Tina: tinadrakulich@yahoo.com,
Luana Ritch: lritch@mhds.nv.gov
775-688-2095

2013 Dates:

Workshop #1: June 7 - 9

Workshop #2: July 26-28

Workshop #3: September 13-15

Workshop Times:

Friday 6:00pm—9:00pm

Saturday and Sunday 9:00am—4:00pm

Combat Paper Nevada is a project of the David J. Drakulich Art Foundation: For Freedom of Expression
Hosted by the Nevada Division of Public and Behavioral Health & Northern Nevada Adult Mental Health Services.

Combat Paper Nevada

The NV Project has partnered with the David J Drakulich Art Foundation: For Freedom of Expression to roll out Combat Paper Nevada, an exciting project that targets military members as they come home from deployment. It is our hope that making paper out of uniforms will be a lively and exciting way to aid reintegration into civilian life, as well as to preserve stories that document the history of our present times.

If you would like to know more information about Combat Paper please check out www.combatpaper.org. If you or someone you know would like to participate in any of the workshops, email LtCol Jo Meacham at jo.r.meacham@gmail.com or Tina Drakulich: tina.drakulich@yahoo.com

Workshop Schedule

April 12-14 2013 Black Rock Press, University of Nevada Reno, NV
Combat Paper Nevada, in collaboration with Nevada Arts Alliance for Education, Black Rock Press and the City of Reno Arts and Culture Commission will be hosting a workshop in Room 118 of the Jol Travis Building on the campus of University of Nevada, Reno.

May 11-13 2013 Combat Paper Nevada-Returning Troops Workshop

Combat Paper Nevada hosts a Returning Troops Workshop at the Nevada National Guard Military and Family Support Services Center in Reno.

June 7-9 2013 Combat Paper Nevada – Military Women Workshop #1

The team Combat Paper Nevada will host 3 Women Only Workshop at NNAMHS in Reno. Women who serve (or have served) are welcome to join one or all three.

July 26-28 2013 Combat Paper Nevada – Military Women Workshop #2

The team Combat Paper Nevada will host 3 Women Only Workshop at NNAMHS in Reno. Women who serve (or have served) are welcome to join one or all three.

August 23-25 2013 Combat Paper Nevada-Returning Troops Workshop

Combat Paper Nevada hosts a Returning Troops Workshop at the Nevada National Guard Military and Family Support Services Center in Reno.

September 27-28 2013 Combat Paper Nevada – Military Women Workshop #3

The team Combat Paper Nevada will host 3 Women Only Workshop at NNAMHS in Reno. Women who serve (or have served) are welcome to join one or all three.



<http://www.combatpaper.org/>
<https://www.facebook.com/DJD-Art-Foundation>
<https://www.facebook.com/NV-Project-Troops>



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Drew Cameron—2007



<http://www.combatpaper.org/>
<https://www.facebook.com/DJD-Art-Foundation>
<https://www.facebook.com/NV-Project-Troops>



Northern Nevada Veterans Writing Project

May/June/July 2013

Mondays from 6pm-8pm

Starting May 20th

TMCC Veterans Upward Bound

5270 Neil Road, room S303

Northern Nevada Veterans Writing Project will host several free writing workshops for veterans, service members and gold stars at TMCC's Veterans Upward Bound. The workshops begin May 20th and culminate in a public reading July 13th during Artown 2013.



Veterans

Writing Group

Share Poetry Art Teach Touch
Strengthen your abilities
Students Tell Your Story
Entertain Craft a Page turner
Express Creativity Develop
Touch others through you Words

Make a reservation or get additional information

VeteransWritingProjectReno@gmail.com Hurry, space is limited!



Veterans Upward Bound



Art • Heals • War • Wounds
www.davidartsmemorial.org



RENO Vet Center



NEVADA OFFICE OF VETERANS SERVICES

NV CITIZENS helping TROOPS **PROJECT**
Citizens, Businesses, & Schools Supporting Nevada Service Men and Women





THE SECRETARY OF THE AIR FORCE
CHIEF OF STAFF, UNITED STATES AIR FORCE
WASHINGTON DC



MAY 20 2013

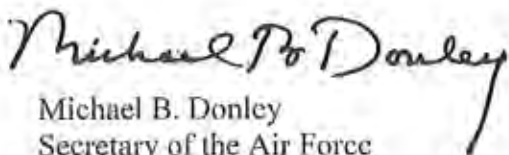
MEMORANDUM FOR ALL AIR FORCE PERSONNEL

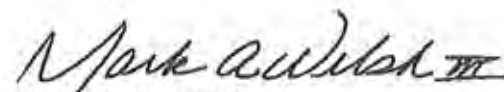
SUBJECT: Critical Days of Summer Safety Campaign for 2013

The Memorial Day holiday marks the official start of the 2013 Critical Days of Summer campaign, themed *Safe-n-Sound, All Year Round*. Although the critical days of summer conclude on September 3rd, this year's theme shows you are valued EVERY day of the year.

Your commitment to our core values of *Integrity, Service, and Excellence* enables our Air Force to accomplish great things every day. We need you to commit to safety with the same intensity. Your dedication to *Excellence In All We Do* means doing everything – from our mission to summer recreation activities – the right way. By definition, doing things the right way means the safe way. Taking care of yourself and your wingmen this summer will help ensure that our entire Air Force team can perform our mission wherever and whenever the Nation calls.

Each of you has a remarkable story. As you participate in summer activities with your family and friends, don't let your story end with an unsafe choice. Enjoy the summer with the same dedication and enthusiasm you give to our mission and our core values. Make your story a great one, and stay *Safe-n-Sound*.


Michael B. Donley
Secretary of the Air Force


Mark A. Welsh III
General, USAF
Chief of Staff


James A. Cody
Chief Master Sergeant of the Air Force

We need you!

Let your creative side shine and design our new OPSEC posters.
I know you can do better than what is currently on display.

- Deadline: 1 October 2013
- Offensive material will not be accepted
- Be mindful of copyright material
- Top eight will be displayed
- Enter as many times as you wish
- Must be of quality for an 8.5 x 11 inch print
- Landscape or Portrait accepted
- E-mail entries to joshua.flatley@ang.af.mil



UPCOMING COMMUNITY EVENTS:

Reno Rodeo
June 20-29

Reno-Tahoe Open
July 29-Aug. 4

Nevada Day Parade
October 26

Veteran's Day Parade
November 11

Nevada National Guard FREE High School SUMMER CAMP



Camp Navakwa Angelus Oaks, CA

**FREE
CAMP!**

Round trip transportation provided
from Reno and Las Vegas

FREE camp for dependents of Nevada National Guard
in High School, entering 9th thru 12th grades

FREE camp for dependents of Nevada National Guard
in High School, entering 9th thru 12th grades

Delana Cardenas, Lead Child & Youth Program Coordinator
702-632-0511

delana.j.cardenas.ctr@mail.mil

Sammey Strachan, Child & Youth Program Coordinator
samantha.m.strachan.ctr@mail.mil
775-384-5805

Space
available.
Register
TODAY!

June 23-28
2013



**Nevada National Guard Child & Youth Program
High School Summer Camp, June 23-28, 2013**

General Information

Youth ENTERING 9th grade to 12th grade, School Year 2013

Location of Event	Camp Nawakwa, Angelus Oaks, California	www.campfiretoday.org
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Important Phone Numbers during Camp

<p align="center">Delana Cardenas Lead Child & Youth Program Coordinator Cell 702-235-8803 Delana.j.cardenas.ctr@mail.mil</p>	<p align="center">Sammey Strachan Child & Youth Program Coordinator Cell 775-291-7853 Samantha.m.strachan.ctr@mail.mil</p>	<p align="center">CPT Marissa Wesley State Family Program Director Office 775-384-5820 marissa.l.wesley.mil@mail.mil</p>
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Travel Logistics

<p>Las Vegas High School Campers:</p> <p>11:00 am <i>Arrive no later than</i> Sunday, 23 June 2013 Clark County Armory 6400 Range Road, Las Vegas, NV</p> <p>High School Campers will return by 3:00 pm Friday, 28 June 2013 Clark County Armory</p> <p>The LV campers will travel to and from the camp via chartered bus from Clark County Armory to Camp Nawakwa, Angelus Oaks, CA. <i>Approximate travel time: 4 hours each way</i></p>	<p>Reno/Carson/Sparks and outlying areas:</p> <p>7:00 am <i>Arrive no later than</i> Sunday, 23 June, 2013 Plumb Lane Armory 685 East Plumb Lane, Reno, NV</p> <p>High School Campers will return by 8:00 pm Friday, 28 June, 2013 Plumb Lane Armory</p> <p>The Reno campers will travel via chartered bus from Plumb Lane Armory to Camp Nawakwa, Angelus Oaks, CA. <i>Approximate travel time: 9 hours</i></p>	<p>Elko/Winnemucca:</p> <p>Transportation is available from Reno, only.</p>
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Cost

Lodging and meal costs are provided for all High School Campers while at Camp Nawakwa.

***Reno High School Campers** will need to bring a sack lunch and snacks on Sunday, June 23rd and money for lunch and dinner purchase on Friday, June 28th. **Las Vegas High School Campers** will need to bring money for lunch purchase on Friday, June 28th. No more than \$10 per meal is needed. Campers are responsible for their own money.*

High School Campers may bring up to \$20 spending money to purchase souvenirs, etc. There is a small gift shop at the Camp Nawakwa.

Please note: Youth are responsible for their own money. The camp, counselors, and/or CYP Staff are not responsible for money lost, stolen, or misplaced. There are no safes available for use.

Lodging

We will be housed in cabins. Campers will be sharing a room with others of the same sex. There are separate bathroom/shower facilities for each gender. Separation of the sexes for sleep and personal hygiene will be strictly enforced.

Dress Code Guidelines

The location of the camp (*mountainous*) and activities planned (*some rigorous*) suggest that clothing should be comfortable, sturdy, and well-fitting. **Dress Code Guidelines are determined by Camp Nawakwa and will be strictly enforced. Dress Code Guidelines are attached with this packet .**

Annual Nevada National Guard

Hosted by



Food
Beverages
Music

Car Show

June 22, 2013

Prizes and Trophies For:



Commanders Choice
Peoples Choice
Coolest Ride
Ugliest Project

\$10

Photo opportunities with a C-130

Bring any car
you want to
show off.



In Coordination with
152AW Family Day
activities

Reserve your spot now, spacing is limited

RSVP at

152aw.top3council@ang.af.mil



Parking is in front of SANGA for all day during Drill

FUN, MUSIC, FOOD, CAR SHOW, FUN BEVERAGES, BOUNCE HOUSES, GAMES & FUN



NVANG FAMILY DAY

SATURDAY, 22 JUNE 2013

1100 - 1530



CARSON CITY AIRPORT

2600 College Parkway • Carson City

Flight Plan for the Future Open House

Saturday, June 15, 2013
8 am - 3 pm

Free Admission!

Put on your flight suit! Pack up the kids and head on down to the Carson City Airport for an exciting day of aviation and aerospace adventure. See historical military aircraft, flybys, parachute jumps and static displays.

Learn about the exciting world of aviation and the opportunities it offers. Explore the Challenger Learning Center, build a robot, fly a flight simulator, or test your skills in the paper airplane contest. FREE airplane rides for children, ages 8-17, courtesy of the EAA-Young Eagles Program (9-1, weather permitting). Plus, a bounce house, face painting, delicious food and beverages and much more.

Things to see

- Flyby and War Birds & Helicopter displays including: T-6 Texan, P-51 Mustang, B-25 Bomber, CH-47 Chinook, UH-60 Black Hawk, AH-1 Cobra Helicopter and OV-10 Bronco
- Search & Rescue, Care Flight
- Fire Department Burn Trailer
- Martial Arts, Dance and Tumbling Demos
- Antique Planes
- Custom Cycles & Cars
- Experimental Aircraft
- Formation Flights & Parachute Jump

Food and Fun

Start the day with a Pancake Breakfast and enjoy delicious food and beverages throughout.

Activities

- Plane Walk-Through
- Face Painting & Bounce House
- Aerospace Lab, Robotics
- Planetarium
- Simulated space missions
- Paper Airplane Contest
- Ground Bound Experimental Aircraft
- Air Plane and Hot Air Balloon Rides
- Large-Scale Radio Controlled Models
- Live (simulated) Machine Gun Shooting

Plus much, much more!
Don't Miss It!



775.841.2255 • www.FlyCarsonCity.com